



COMPLEMENTARY THERAPY AWARDS 2018

Invitation to enter

www.complementarytherapyawards.co.uk

 @CompTherapyAwds

In association with the
Federation of Holistic Therapists



FHT



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Key dates

Early bird closing date: 2 July (enter free of charge, no fee)
Final closing date: 3 Sept (entry fee required)
Judging day: last week of September
Awards lunch: 18 October 2018
London

A new awards programme for all UK-based complementary therapists with the aim of recognising best practice and showing how complementary therapy can help people to retain or regain their health and well-being.

Why should you enter the awards?

- ✿ It's good for you, your career, your business, your specialty and complementary therapies as a whole
 - ✿ Recognition for your hard work and success
 - ✿ A chance to benchmark your work and its impact through our rigorous and transparent judging process
 - ✿ Enhanced credibility and visibility for your therapy, highlighting how complementary therapists are playing a part in patient-centred care and health outcomes
 - ✿ Motivation, even from simply taking the time to reflect and encapsulate what you have achieved
 - ✿ Sharing your case studies and patient stories
 - ✿ If you are shortlisted, you get the right to display the logo 'I'm a finalist'
 - ✿ If you win, you can display 'I'm a winner!' on all your marketing material
 - ✿ Feel great – have your Oscars moment! Professional memories to treasure from the awards celebration
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Enter the awards...

If you are a complementary therapist based in the UK you can enter whether you work as a single-handed practitioner or within an organisation. Our award-winning judging process creates a level playing field: your entry just needs to address the criteria highlighted in your chosen category. The judges are looking for people whose work demonstrates quality and impact.

How do you enter the awards?

1. Go to our website to review full category details
2. Download an entry form for the category you wish to enter
3. Create your submission, include images and client testimonials if you wish
4. Send to www.complementarytherapyawards.co.uk by 2 July (no fee); by 3 September (fee required)

How are the awards judged?

Judging is conducted by invited experts and specialists from our sponsor and supporter community. Those with the highest shortlisting scores are invited to present their work to a panel of judges at the judging day in London. On the awards website you can find out more about what the judges are looking for and the information we need about your work or project

What happens if I am shortlisted?

All shortlisted entrants are invited to a celebration lunch at a central London venue along with representatives of sponsors and supporters, and other invited guests.

2018 categories:

1. The award for prevention and self-care

This is for those helping people to manage their health conditions and symptoms, and encouraging them to make positive lifestyle changes. This includes people living with long-term health challenges.

2. The award for cancer care

Are you involved in helping people manage stress and symptoms resulting from cancer diagnosis and treatment? Relieving anxiety can help patients cope with completing their treatment and their rehabilitation.

3. The award for palliative care

This is about showing how therapies can improve quality of life, sleep and pain management in those receiving palliative or end of life care.

4. The FHT award for complementary therapy research

Sponsored by the Federation of Holistic Therapists (FHT)

This is for those involved in academic research in complementary therapy and are ready to share their results with a wider audience with the aim of promoting evidence-based practice, and demonstrating effectiveness to commissioners and others.

5. The award for mental health and well-being

Are you working with people with mental health problems or perhaps those seeking to build up their resilience and wellbeing? Tell us about how you are helping, for example, those suffering from dementia, anxiety, mild depression, loneliness, burn-out or work-related stress.

6. The award for pain management, injury prevention and rehabilitation

Have you a case study of how you have helped with improving pain perception and pain management, perhaps where orthodox medicine has run its course? This could include soft tissue injuries and non-specific lower back pain, a common condition that doctors struggle to treat.

7. The award for furthering integrated healthcare

Are you helping to bridge the gap? The judges here are looking for a training initiative for statutory regulated health professionals, which promotes complementary therapies and supports the integrated healthcare agenda.

8. Overall winner – complementary therapist or team of the year.

The overall winner is chosen by the judges from among the category winners and cannot be entered directly.

The entry fee is £45 including VAT. You can enter free of charge until 2 July. If you enter after that the cost is £45 per entry until the final closing day of 3 September.

Contact

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Our Sponsors



'I am thrilled that the FHT is supporting the Complementary Therapy Awards. Alongside our own FHT Excellence Awards, these new awards will bring further recognition to best practice in our industry, by highlighting how complementary therapists are successfully working alongside or supporting statutory regulated health and care professionals to enhance patient-centred care and improve treatment outcomes'

Paul Battersby, President, Federation of Holistic Therapists



Platinum sponsor

The Federation of Holistic Therapists (FHT) is the UK and Ireland's leading professional association for complementary, holistic beauty and sports therapists. For more than 50 years, it has been helping to protect the public by developing and promoting high standards in therapy education and practice.

As well as supporting its members with a range of services and benefits, including tailor-made insurance and International Therapist magazine, the FHT holds the largest Accredited Register of complementary therapists to have been independently approved by the Professional Standards Authority for Health and Social Care, a body accountable to parliament. By choosing a practitioner who is part of this government-backed scheme, the public, health care commissioners and employers can be confident that they are choosing a complementary therapist they can trust.

For more information visit

www.fht.org.uk

@FHT_Org



Media Partner

'We are delighted to be the official media partner for the Complementary Therapy Awards 2018. We believe it will not only bring the different professional bodies and membership organisations within the complementary therapy sector closer together, but also accelerate the further integration into our healthcare system.'

Johann Ilgenfritz, Founder and CEO, UK Health Radio

www.ukhealthradio.com

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