



COMPLEMENTARY THERAPY AWARDS 2018

The 2018 shortlist:

1. The award for prevention and self care

Wester Hailes Community Herbal Clinic

Ally Hurcikova, community herbalist, Grass Roots Remedies Co-Operative

Positive Movement - a Wellbeing programme for Older People

Roberta Meldrum, director, The Letchworth Centre for Healthy Living

Holistic Toolbox for Self-Management

Kelly De Souza, senior holistic therapist and Jane Finnerty, wellbeing services manager, Willowbrook Hospice

2. The award for cancer care

Providing Healing in Hospitals & Hospices

Angie Buxton-King, director, Sam Buxton Sunflower Healing Trust

Harrogate Hospital NHS Complementary Therapies in cancer Service

Gwyn Featonby, education lead, and Julie Crossman, complementary therapy lead, NHS Natural Health School

Hypnotherapy for Anticipatory Nausea in Chemotherapy

Dorothea Read, lead clinical hypnotherapist, haematology department and Noreen Lewis, lead nurse, haematology department, University Hospital of Wales Cardiff

3. The award for palliative care

25 years - Complementary Therapies in NHS Palliative Care

Elaine Cooper, clinical lead specialist complementary therapies and Rachel Clark, lead complementary therapist palliative care, Walsall Healthcare NHS Trust

Bridging the gap between Hospice and Hospital

Sue Williams, lead complementary therapist and Dr Toria Stevens, consultant in palliative medicine, Severn Hospice

Caterpillar to Butterfly : The Creation and Expansion of the Complementary Therapy Service in Cumbria's Adult and Children's Hospices.

Nicky Forbes, complementary therapy coordinator, Eden Valley Hospice, Cumbria

Measuring our outcomes with the introduction of MYCAW for our Complementary Therapy service in Palliative care within Sue Ryder

Linda Turner, complementary therapy coordinator, Sue Ryder Care

4. The FHT award for complementary therapy research

Sponsored by FHT

Rethinking Attention deficit hyperactivity disorder (ADHD) intervention trials: the feasibility testing of two treatments and a methodology

Philippa Fibert, academic researcher/homeopath, University of Sheffield and Clare Relton, senior research fellow (Public Health)/senior lecturer (Clinical Trials), University of Sheffield & Queen Mary's University

The CAM in Pregnancy Trial

Julie McCullough, research associate, Ulster University

Development and validation of a patient reported outcome (PRO) measure for assessing changes in the health and wellbeing Craniosacral Therapy/CAM users.

Nicola Brough, clinic director, Torus Wellbeing Clinic and Sarah Stewart-Brown, professor & chair public health, University of Warwick

5. The award for mental health and well-being

Massage for Dementia

Nicolle Mitchell, holistic massage practitioner & trainer, Massage for Dementia

Stand Easy Military Support

Naji Malak, co-founder, CEO, Stand Easy Military Support

Therapies4Forces relaxation and wellbeing events

Zoe Warner, founder, Therapies4Forces

6. The award for pain management, injury prevention and rehabilitation

Rehab My Patient

Tim Allardyce, clinical director, Rehab My Patient

Arachnoiditis

Gina Reinge, sports therapist, The Reinge Clinic

Pain coping strategies - A case study

Carol Samuel, CAM therapist/educator, Reflexmaster

7. The award for furthering integrated healthcare

Young Chef of the Year Award

Katharine Tate, director, The Food Teacher™ and Mark Spencer, GP, Fleetwood Health & Wellbeing Centre/Healthier Fleetwood

The Harmony Therapy Trust

Dawn Cockburn, founder & president and Julie Murby, administrator, The Harmony Therapy Trust

The Patient, the Specialist Nurse and the Healer - the moment our integrated healing service was born!

Shuna Watkinson, complementary therapy co-ordinator and Patricia Swann, lung cancer specialist nurse, East and North Hertfordshire NHS Trust

