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COMPLEMENTARY THERAPY AWARDS 2022

11 FEBRUARY 2022 | VIRTUAL

MEDIA RELEASE

1 October 2021: for immediate release

Launching the Complementary Therapy awards 2022

Calling all complementary therapists! We invite you to share with your community your challenges, successes and innovations. You have until 15 November 2021 to enter the second Complementary Therapy awards, being presented as part of the Integrative Health Convention on 11 February next year. After a challenging eighteen months, this is the moment to recognise and celebrate your achievements.

The four categories are:

- **Wellbeing:** share how you have used your skills as a therapist to bring comfort, health or relaxation to your community. We want to hear how your innovation and creativity have enabled you to continue to support your clients' needs despite many barriers and restrictions.
- **Palliative care:** looking for examples of how therapies improved quality of life, sleep and pain management for those receiving palliative and end of life care. We are looking for outstanding examples of how therapists have made a difference to people and their families during the pandemic.
- **Mental health:** highlighting the work of practitioners working with people with mental health problems; tell us how you have continued to help those suffering from anxiety, mild depression, loneliness, burn-out or work-related stress.
- **Pain management:** sharing how people have been helped with improving pain perception and pain management, perhaps where orthodox medicine has run its course.

We are delighted that Carrie Grant MBE [@CarrieGrant1](#) BAFTA award-winning broadcaster with a TV and music career spanning 40 years, will be presenting the awards at the ceremony. Our media partner is [UK Health Radio](#).

The Complementary Therapy Awards are organised by [Chamberlain Dunn](#), who created the programme in 2018.

You can find more information about the Complementary Therapy Awards and Integrative Health Convention [here](#). Please follow us on Twitter [@CompTherapyAwards](#) for news and updates

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