



# COMPLEMENTARY THERAPY AWARDS 2022

## Shortlist

### The Award for Mental Health

#### **Drop-In Mental Wellbeing Coaching Package**

Amanda Craven  
Clinical Hypnotherapist & Life Coach  
Not Just Coaching

#### **Supporting our Staff (SoS)**

Dr Jacqui Stringer  
Clinical & Research Lead, Complementary Health & Wellbeing

*The Christie NHS Trust*

##### **Team Members:**

Eileen Hackman, *The Christie NHS Trust*  
Anthony Ryan, *The Christie NHS Trust*  
Lauren Lyons, *The Christie NHS Trust*  
The Complementary Health & Wellbeing Therapists,  
*The Christie NHS Trust*

#### **Postpartum Plan**

Meg Murray Jones  
Reflexologist and Founder of Postpartum Plan

#### **Ed Elf Child Therapy Ltd.**

Evalynne Charmer  
Paediatric Hypnotherapist for children of all Neurotypes  
*Ed Elf Child Therapy Ltd*

### The Award for Pain Management

#### **Autogenic Training Course**

Nicholas Straiton  
Musculoskeletal Medicine  
*Royal London Hospital for Integrative Medicine*

##### **Team Members;**

Jane Bird, Stephen Ashby,  
*Royal London Hospital for Integrative Medicine*

#### **British Acupuncture Association**

Clare Ward,  
Acupuncturist,  
Chris Davies,  
CEO,  
*British Acupuncture Association*

#### **SRFT Renal Complementary Therapists**

Janet Cairnie  
Lead Complementary Therapy Practitioner & Trainer  
*Salford Royal Foundation Trust*

##### **Team Members:**

Christine Bowden, Christopher Jones, Clare Gibbion, Johann Kloos, Didem Uruk, Vivienne Cooper, Yui May Cheung, Cindy Vernon, Robert Cant, Belinda Abufares, Suzan Aydin, Saira Sheeraz, Julie Shawcross,  
SRFT Renal Volunteers Complementary Therapists

#### **Integrative Care Pain Management Conference**

Dr Jacqueline Mardon,  
Associate Specialist,  
*NHS Centre for Integrative Care*  
Carolyn Paton,  
Health and Wellbeing Coordinator, Dumfries House

## **The Award for Palliative Care**

Mary Rose Scott  
*NI Hospice*

Mathew Atkins,  
Complementary Therapist  
Kim Jones,  
Deputy head of clinical services,  
*Hospice of the valley, Ebbw Vale, Wales*

Alison Margaret Sisu  
Complementary Therapist  
*LOROS Hospice, Leicester*

## **The Award for Wellbeing** ***Sponsored by Nelsons***



### **Nourishing Families**

Anna Thomson  
Director  
*Nourishing Families CIC*

Team Members: Aleksandra Matakovic Manca,  
Heather McIntryre,  
Nourishing Families

### **Cavendish Cancer Care's Well-being Course**

Clare Longstaffe  
Programme Lead Groups and Courses  
*Cavendish Cancer Care*

Team Members:  
Charlie Weston, Delphine Sayre,  
Cavendish Cancer Care

### **Yoga and Wellbeing support for NHS Staff during Covid and Beyond**

Gail Topping  
Clinical Nurse Specialist and Yoga Teacher  
*NHS*

### **Jade Screen Project**

Andrew Flower  
Acupuncturist and Chinese herbalist  
*Register of Chinese Herbal Medicine*

Team Members:  
Lily Lai, Association of Traditional Chinese  
Medicine  
Olivia Shaw, Laurie Glenn, Malika Meddings,  
Register of Chinese Herbal Medicine  
Hu Xiao Yang,  
University of Southampton

